

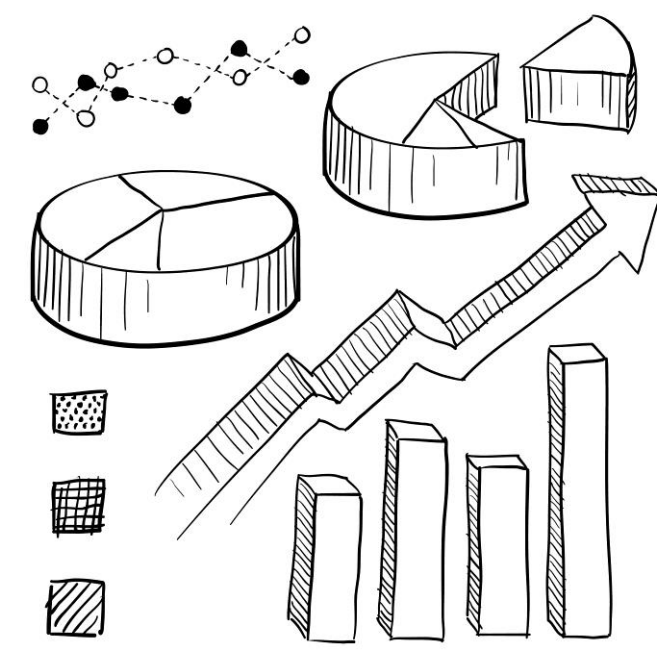
# SWIMMING UPSTREAM: DEVELOPING INNOVATIVE METHODS FOR TRANSLATING BIOMONITORING DATA FOR THE PUBLIC

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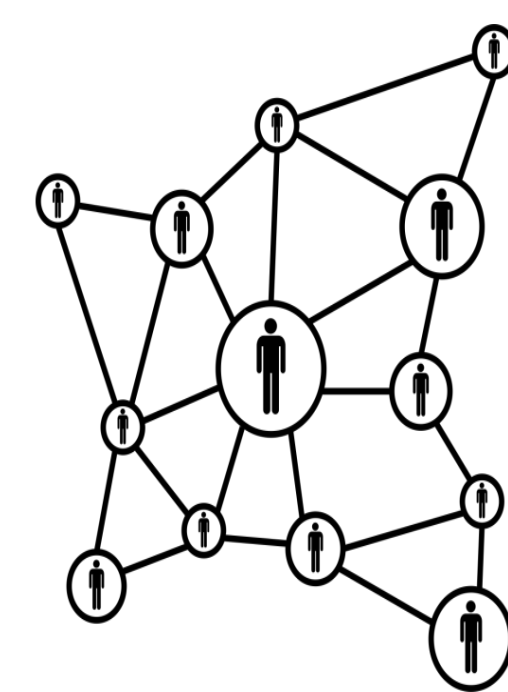


## INFOGRAPHICS

Use visual representations of data and information to encourage more complete understanding of complex concepts



Help participants better grasp trends and comparisons between personal and group level results



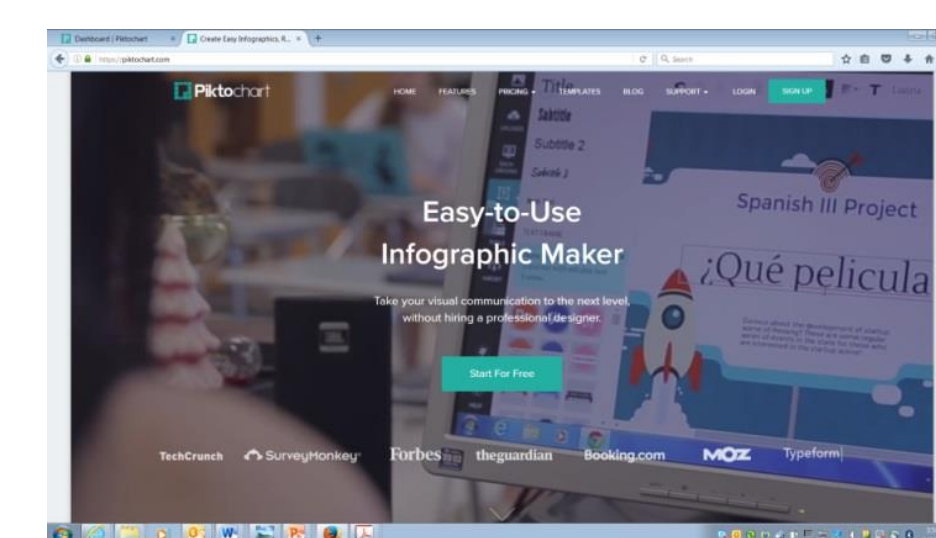
Use images to make data accessible for individuals with minimal health literacy



Have proven to be a cost effective communication tool



## PROJECT PROCESS



Infographics summarizing study results from 3 projects were created using Piktochart, a freely available online software program

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Data displayed included:

- Fish consumption habits
- Mercury Levels
- PCB Levels
- Vitamin D Levels

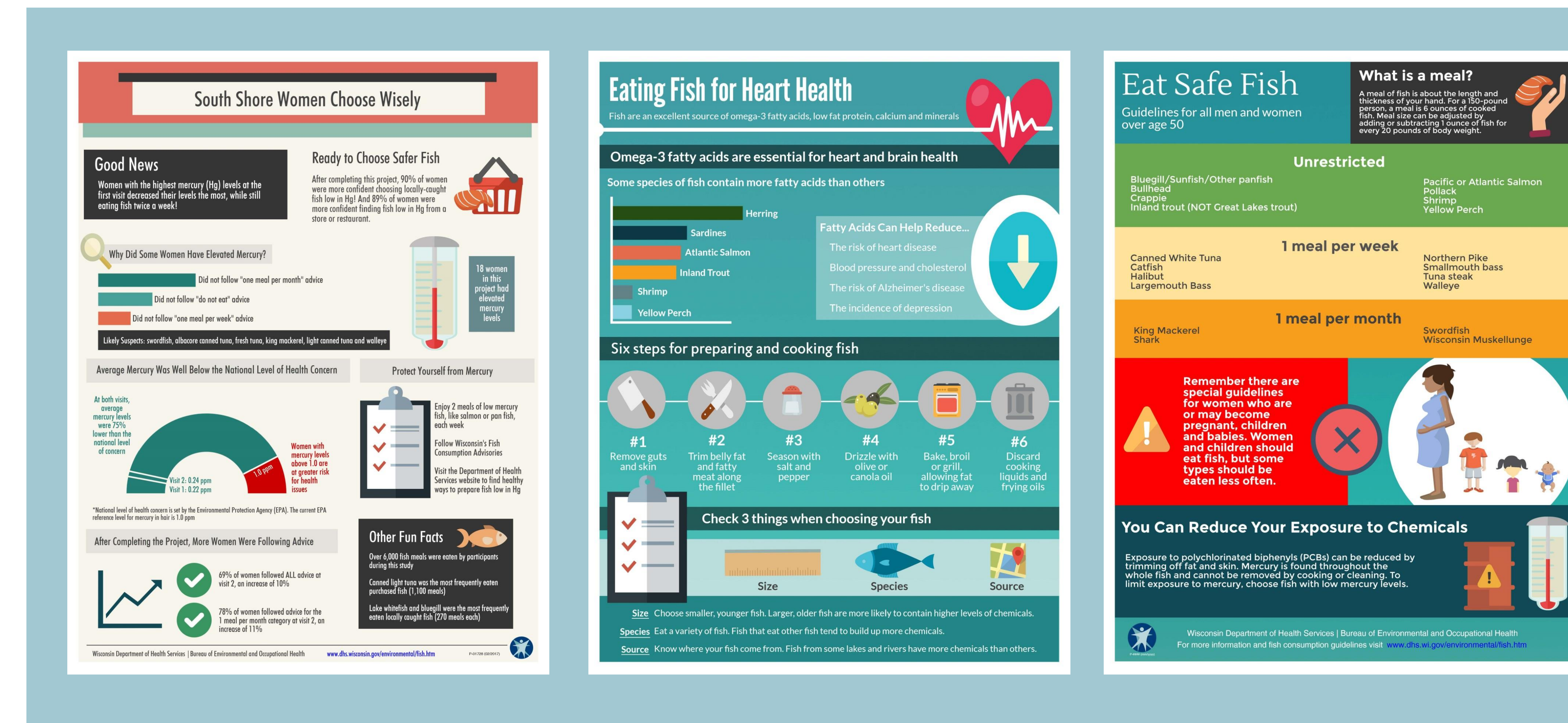


Each infographic included a comparison of study participants to similar results for the US population



Infographics were distributed either via email or US mail to project participants

## INFOGRAPHIC EXAMPLES



## CONCLUSIONS

We found infographics to be an effective method of communicating complex health information, including biomonitoring results. Participant response to these materials has been universally positive.

Using graphics and imagery to convey complex information including fish consumption advisories has increased the accessibility of this information.